



Success IN Progress

News and Views About Working Wonders at Wesley

More Effective Together

The Wesley Institute and Spectrum Family Network Boards Vote Unanimously to Merge

September 13, 2005 for Spectrum Family Network and September 15, 2005 for The Wesley Institute marked historic decisions for two life-changing, well respected organizations driven by passion to do even more for children and families. All four representing boards voted unanimously to adopt the resolution to merge the two organizations effective January 1, 2006.

The new structure will be comprised of two entities, Wesley Spectrum Services and Wesley Spectrum Services Foundation. This structure will provide the greatest level of flexibility and focus for the years ahead.

There has been a great level of enthusiasm and excitement from the boards, our staff and friends. Collectively we are convinced that:

1. Wesley Spectrum Services will do more for more kids and more families and provide better services by coming together than if we were to remain separate.
2. Wesley Spectrum Services will develop into the fastest and most efficient back office operation in southwestern Pennsylvania in our industry

The mission statements of both organizations were extremely similar in language and intent. The mission has been restated with new energy as we move the new entity, Wesley Spectrum Services, forward.

The mission of Wesley Spectrum Services is to provide transformational support for children and families as they strive to become more independent, responsible and caring members of the community.

Dave Hagen founded CATY Services in 1975. Hank Lipinski founded APA in 1978. Dan Findley joined Wesley in 1968. In 2000, CATY Services and APA merged to form Spectrum Family Network. These three leaders represent the very best in our field. And over the last 40 years, these organizations have stood above the rest, emulating the values and truths that have had the greatest positive impact for children and families. Our commitment to preserve the legacy of these great organizations is to

ensure that the new organization, Wesley Spectrum Services, serves through and by the same values. Wesley Spectrum has captured them in seven basic values and truths:

- **The organization's purpose is to serve.**
- **Children and families are at the center of decision making.**
- **Every person is valuable.**
- **Every person has strengths.**
- **Knowledge and timely access to resources is vital.**
- **Children and Families should be heard.**
- **Partnerships are essential to our success.**

The merger initiative is significant in impact and scope. We have committed ourselves to rely on proven processes to ensure that the integration of the two organizations results in meeting our vision for the new Wesley Spectrum Services.

We are thankful for trusted partners, considered to be some of the best in market place that are helping us through this process. Kate Dewey, Mike McDowell and Bob Teeter have already contributed significantly to the efficient and timely due diligence process and the beginning stages of Wesley Spectrum Services strategic plan.

The space in a newsletter is very limiting. We invite you to give us a call if you would like more information regarding Wesley Spectrum Services. We hope you will enjoy reading the first Wesley Spectrum Services newsletter in 2006.

The Wesley Institute
40th
Anniversary

**The celebration
continues...**

see pages 4 & 5

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Sophia Barrett, *Wesley Acute Partial Hospitalization Director*
Bill Alexy, *Wesley Highland School Director*
Tamara Marsico, *Wesley Highland Youth Services Director*
Stephen Lee, *M.D., Medical Director*
Heather-Dawn Filipiak, *Wesley Institute Family and Child Development Center Director*



Our Mission

Our mission is to create an environment in which children and youth are able to build the lifelong skills essential to becoming independent, responsible, contributing and caring members of our community.

From the desk of... Douglas W. Muetzel, CEO

This has been a tremendous year of celebration. It is humbling and inspiring to think back to the men and women that started Wesley 40 years ago. Today, Wesley is considered one of the best service organizations in southwestern Pennsylvania, serving well over 900 children annually. Over the years, we have carefully preserved the heart of our beginning as an organization committed to doing what is in the best interest of each and every child served. It has been far from being easy. But, "easy" has never driven the staff, boards, friends or volunteers of Wesley. That is something for which to be thankful.

The children we serve today come to Wesley with varying levels of need. Sadly, some are facing crisis that determines life or death. While others simply need more help than the traditional systems can provide. Life doesn't come easy for these kids. We have the privilege to serve the great kids of Wesley, seeing that each child has unique and special strengths that lead to personal progress. To hear a parent express "it's a miracle" provides all the resolve and energy for which one could hope.

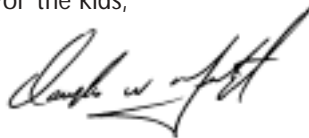
For forty years it has been extremely intentional to bring the efforts and the passion of staff, boards, friends and volunteers together with the very special needs of the children we serve. The results are truly amazing.

To rest or "take it easy" after this significant forty year milestone would be irresponsible. Our resolve has never been greater. The approved merger of The Wesley Institute and Spectrum Family Network will not only preserve the great legacy of both organizations but empower the merged entity, Wesley Spectrum Services, to make an even greater impact in the lives of children and families and our community.

So, by way of this letter, for those of you that have been a part of Wesley's life changing history, thank you! For those wanting to join for the future, we are energized by your support. We hope and trust you are excited for the next four decades. We have extraordinary dreams for extraordinary children.

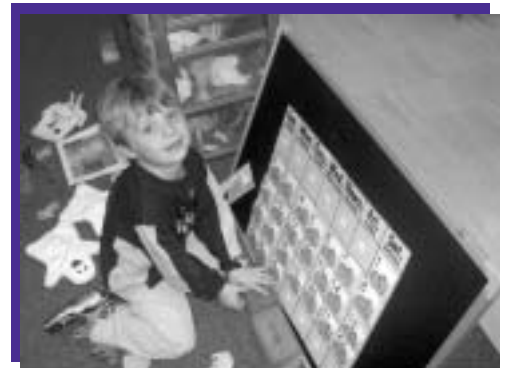
I would also like to ask you to consider giving financially to the work of The Wesley Institute. Our challenges have never been greater. Consistent with the last forty years, we will be good stewards of the resources provided to continue to positively impact children and families in our community.

For the kids,



Douglas W. Muetzel
Chief Executive Officer

P.S. Please set aside important dates for the new Wesley Spectrum Services. Gala, March 4, 2006 Golf, June 6, 2006 Honors Breakfast, May 3, 2006



A student in the Wesley Private Preschool works on his calendar skills.

United Way Day of Caring Volunteers Lend a Hand to Wesley

The Wesley Institute was grateful to have two groups of United Way Day of Caring volunteers pitch in and help spruce up our facilities. Twenty Mellon volunteers took time out from their busy work schedules to help tidy the Wesley Academy, and 10 volunteers from PPG dedicated a day to clean up the Bethel Park house where the Highland Bridge program is now located.



Volunteers worked with a smile as they weeded our playground and flower beds. They did a great job painting inside and outside both facilities; and we are so thankful for the volunteers who removed adhesive material from our hallways.

The physical environment for Wesley's kids is very important. Brightening and cleaning up the facility can help make a student feel better about his day at school. We estimate that the time and work contributed by the volunteers saved Wesley a total of \$4,500. Money that is not spent on our facilities can mean more money for the kids.

The House Tour Showcased a Beautiful Selection of Homes



The 15th annual Wesley Institute Tour of Homes was held on October 2, 2005 in the South Hills of Pittsburgh.

Approximately 350 people toured the five exquisite homes in Peters Township, Upper St. Clair and Bethel Park. Attending the tour provided homeowners with great ideas for building, renovating, decorating, designing, furnishing and landscaping while they supported The Wesley Institute and its programs.

A tea celebrating Wesley's 40th Anniversary was held at Christ United Methodist Church, where Wesley began in 1965. Tour attendees enjoyed refreshments and a place to gather together. A special thank you to everyone who volunteered, purchased raffle tickets or attended the tour. Winners of the raffle items are: JoAnna McQuaide (Colonial Gallery Gift Certificate), Beth Lackner (Dine Around Pittsburgh), and Christine Waclawick (Nemacolon Gift Certificate).



Pamela Weaver joined Wesley in October in the new role of Quality Officer. Pam brings 22 years of extensive leadership experience in mental health and social services programs to Wesley.

Pam comes to Wesley from Pressley Ridge, where she served as the Senior Director of Treatment Foster Care and Community Based Services. She had an integral role in getting Pressley Ridge accredited for the first time, and also worked for the recent reaccreditation.

She has been a peer reviewer for Council on Accreditation (COA) since 2000, and was also the Continuous Quality Improvement (CQI) coordinator for services in Pennsylvania.

Also while at Pressley, Pam managed the central intake/service array management department for Pennsylvania Pressley Ridge services.

"I've been in this field for awhile now, and Wesley has always had a great reputation," said Weaver. "It just feels really comfortable to be here."

Pam grew up in Clarksburg, WV and earned her Masters Degree in Clinical Psychology at West Virginia University. She also has a license in clinical psychology.

Currently Pam resides in Shaler with her husband and 10 year old son Zachary. She enjoys camping with her family and riding a tandem bike with her husband.

Tribute Gifts

In Honor of: Mr. George Bond
Mr. and Mrs. Frank Schwarz

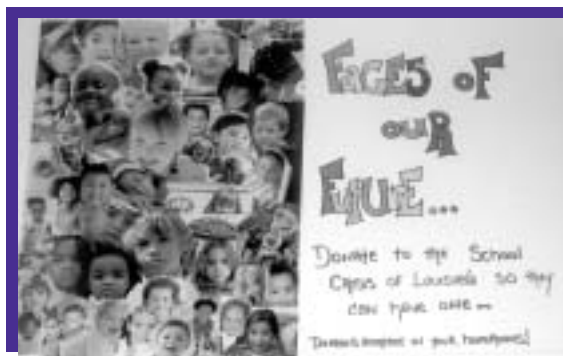
In Honor of: Michael Farrell, Jr.
Mr. and Mrs. Edward S. Farrell, Jr.

In Memory of: Mrs. Ethel Schauer
Newspaper Guild of Pittsburgh

In Memory of: Mr. Richard O. Whayland
Mrs. Mary Whayland

*Thank
You!*

Wesley Academy homeroom students participated in a contest to see which room could raise the most money for schools and students devastated by Hurricane Katrina.



The Wesley Institute 1965-2005

Wesley staff, students, board, volunteers and friends have enjoyed a year of anniversary celebrations. For 40 years, the Wesley Institute has been building a stronger future: child-by-child and we thought this was reason for great celebration.

Over the past year, Wesley has been celebrating our children who have become independent, responsible, caring and contributing members of the community, and the families, staff and community representatives who have contributed to the success of our kids.

The year's activities have included: 1960's days in the schools, Wesley birthday parties, special prizes, Wesley spirit days, Carnival Day, CEO presentations and a Washington Wild Things game.

The Wesley Institute
40th Anniversary



A 40th Anniversary display was created to show how Wesley has grown and changed over the past four decades, and the anniversary was incorporated into all of Wesley's special events.

The celebrations also represent the building of a stronger future for each child and family entering into a Wesley program. We look forward to the next 40 years.

A Year of Celebration!

Wesley's Programs

The Wesley Academy

Wesley Academy students have been on the go this school year. Students have been on field trips to Trax Farms for pumpkin picking, Cabela's for an educational tour of the store, and to a few Pittsburgh Penguin games. The drama class enjoyed a trip to the City Theatre in Pittsburgh to see the play "Crowns," and middle school students made trips to the Upper St. Clair library.

For a longer trip, thirty-five students spent a day in Gettysburg. History students and staff took a bus tour of the town, saw the hotel where Lincoln stayed and stood on the historical battlefields. History teacher Mr. Pusateri led a tour through the "Hall of Presidents," and gave the students his own lesson on each president.

The sports program is also continuing to grow at the Academy. The Wesley Warriors flag football team and volleyball team have been enjoying a season with more games and teams to play this year. School spirit is at a higher level when team members wear their jerseys to school on game days. The flag football team even played a scrimmage game against the Wesley staff and Wesley CEO Doug Muetzel.



Special congratulations to the boy's football team on their valiant effort at the Tri-County Championship Tournament. The team finished a strong second place in the tournament. A Wesley Academy student was also named the most valuable player throughout the entire league. Head coach Mr. Provident and Athletic Director Mr. Pusateri are proud of each and every boy that gave his time and all out effort this season.

Wesley Highland Youth Services



facts, practical tips and inspirational quotes and stories.

The Premier Discover program includes a facilitator booklet for teachers and a monthly newsletter for parents. The program is designed to increase academic performance, increase student accountability and provide greater opportunities for parents to be involved in the child's learning.

Ms. Mundell spoke to a group of students about her job at Pittsburgh International Airport

As part of the speaker series at Highland School, Ms. Mundell spoke to students about working for the Transportation Security Administration (TSA) at the Pittsburgh International Airport. Ms. Mundell's enthusiasm for her second job captivated the students who particularly enjoyed hearing about the wide variety of items that she has seen go through the security line.

Ms. Mundell brought in a duffel bag for students to sort through for anything that could be suspicious. She explained the tighter rules that went into effect after September 11, 2001 and just how important the job is to ensure traveler's safety.

The speaker series is an opportunity for students to learn about different career options and opportunities after high school.

Wesley Family and Child Development Center

Supporting the Entire Family

In an effort to support the needs of siblings of children with special needs, The Wesley Institute Family and Child Development Center has paired up with the "Sibling Support Project," the only national effort dedicated to the interests of over six million brothers and sisters of people with special health, mental health, and developmental needs.

The U.S. Sibling Support Project acknowledges that being a sibling of a child with special needs is "sometimes good, sometimes not-so-good and sometimes in between."

Don Meyer, director of the organization has trained Wesley Family and Child Development Center staff to offer approved "Sibshops," workshops especially designed for these children.

The Wesley Family and Child Development Center is holding Sibshop events to celebrate the many contributions made by brothers and sisters of kids with special needs. Sibshops start with unique, off-beat games designed to appeal to kids with a wide range of abilities. They add a spirited mix of new friends and discussion activities.

Wesley recognizes that siblings spend a lot of time with their brothers and sisters who have developmental disabilities or chronic health problems. These siblings have a great need for the support information provided during Sibshop events.

If you would like to know more about Sibshops, contact 724-443-8900.

Highland Bridge Program Open House

The young adults participating in the Bridge program opened their house in Bethel Park to show their parents and families the life skills that they are learning.

Students gave tours of the house, pointing out the different areas where they work on various skills. They prepared cookies and refreshments and took pride in showing off their new learning space.

Video footage showed students learning how to prepare a hot breakfast and talking about local transportation options.

Wesley Highland Bridge Program helps young adults reach their own highest level of independence to lead meaningful and fulfilling lives. This program is a "bridge"



between adolescence and young adulthood for older high school students with an ES exceptionality and a psychiatric diagnosis.

Two Highland students worked with art teacher, Mrs. Braff to paint rules on the gymnasium wall.

Wesley's Programs

Wesley Acute Partial Hospital and Wesley Institute School

"We are Learning so Much it is Scary" was the Halloween theme for the open house at the Wesley Institute School on October 26. Students worked hard preparing the classrooms for their families to visit and see the work they have been doing this school year.

They made cardboard cutouts of Halloween characters and decorated with spiders and pumpkins. Cupcake decorating turned out to be the highlight for many students who used candy and some creativity to create scary looking treats.

A class also took a field trip to Simmons farm. After an enjoyable hayride, they picked pumpkins to take back to the school to carve and use as classroom decorations.

New this year, students are learning music skills with counselor, Jennifer Keller-White. A paper copy of a keyboard is taped onto a few desks, with the notes marked to help them learn the scales.

One student was proud to play her rendition of the song "Hot Cross Buns" for her audience at the open house. "Learning to read and play music is a great experience for many of these kids," said Keller-White. "They take great pride in their accomplishments."



Wesley Institute School

- Table: approximately 7.5' X 3'
- Borders for bulletin boards
- Science experiments
- Sega games
- Board games
- Books for classroom library
- Paper cutter
- Bean bags
- Gym supplies: scooters, hula hoops, Big, pull down maps (USA, World)
- Jump ropes
- Burlap/felt

Wesley Academy

- Books/novels
- DVD players
- TV's
- VCR's
- Pet store gift certificates for classroom pets
- Woodwinds, brass or string instruments
- Sheet music

If you are interested in donating any of the above items contact Paula Huffman at 412-831-9390 x219.

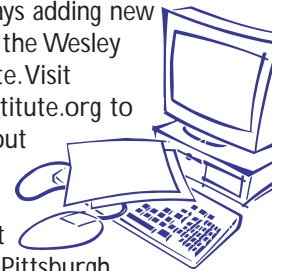


Wesley on the Web

We are always adding new information to the Wesley Institute website. Visit www.wesleyinstitute.org to learn more about

our programs and Wesley's kids. Check out the link to the Pittsburgh Business Times article about the merger with Spectrum Family Network, or find information about our special events.

The Wesley Institute website also provides donors with a convenient way to donate online with a Visa or MasterCard.



www.wesleyinstitute.org

- SAVE THE DATE -



WESLEY'S GALA "Celebrating Children"

sponsored by
Sherpa Software

Saturday, March 4, 2006
6:00 p.m. – 11:00 p.m.
Hilton Garden Inn at Southpointe

*The evening will be filled with great food, great fun and a live
and silent auction with many spectacular items.
Most importantly, all proceeds from the event will benefit Wesley's
programs and the kids we serve.*

This year's Gala will also celebrate the merger of the Wesley Institute and Spectrum Family Network.

Corporate sponsorships are available. Individual tickets cost \$150 and a table of 8 costs \$1200.
Contact 412.831.9390 with any questions.

Visit
Wesley on the Web
www.wesleyinstitute.org



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