

## Purpose

The Creative Arts (CA) program offers an innovative approach to music therapy by using various multisensory methods to address behavioral, social, psychological, communication, physical, sensory-motor and/or cognitive functioning issues in children and adolescents who may be affected by autism or other childhood disorders. Through the combination of dance/movement, drama, music, and poetry, the expressive arts support the potential for positive developmental outcomes. Music therapy also uses creative modalities during intentional interventions. CA serve as a valuable force in helping children and families in therapeutic, rehabilitative, community or educational settings foster health, communication and expression.

Wesley Spectrum bases autism treatment on the principles of Applied Behavior Analysis (ABA) because we value quality service and evidence-based practices. Our staff utilize data-based decision making, and positive, proactive strategies in treatment. Wesley Spectrum is committed to continuous improvement in the services we provide, and we strive to make therapy enjoyable for every child and learner. We hold ourselves accountable for treatment outcomes, and we support our clients in becoming more independent, responsible, and caring members of their community.

## Admission Criteria

- Any child, with or without a mental health diagnosis, is welcome to participate in CA, as board certified music therapists work to assure that each child benefits individually.
- Child must be between the ages of 18 months and 21 years.
- Child has reliable transportation to the various group and individual opportunities available at Wesley Spectrum.
- Parents and other individuals involved in the child's treatment are welcome to observe and/or assist during sessions,

### **Mission**

*Our mission is to provide transformational support for children and families as they strive to become more independent, responsible and caring members of the community.*

### **Creative Arts Locations**

5499 William Flynn Highway, Gibsonia, PA 15044  
121 Erhardt Drive, Penn Hills, PA 15235  
243 Johnston Road, Pittsburgh, PA 15241

To learn more about Creative Arts or any of the other autism services Wesley Spectrum has to offer, please contact our intake department at 724.443.4888.

### **Wesley Spectrum Services**

5465 William Flynn Highway  
Gibsonia, PA 15044

Phone: 724.443.4888 / Fax: 412.347.3237  
autism@wesleyspectrum.org  
www.wesleyspectrum.org



**WESLEY SPECTRUM  
SERVICES**

*Providing high  
quality autism  
services*

## **CREATIVE ARTS**



Call 724.443.4888  
to learn how your child  
can become involved in  
the arts



*Strength to live, to learn, to love*

### What do Creative Arts services look like?

- Child to staff ratio is dependent upon the individual needs of the children and group
- Group sessions are 60 minutes in length
- Private sessions are between 30 and 60 minutes in length
- Sessions are based on the principles of applied behavior analysis (ABA) and music therapy
- Incidental and naturalistic teaching methods are employed in all sessions
- Sensory, gross-motor, music, and art activities are incorporated into all sessions

***Creative Arts facilitators orchestrate sessions, devoting individualized attention to each child at the level which best meets his/her needs.***



Wesley Spectrum is accredited through the Council on Accreditation

### What to expect...

- Board certified music therapists offer private, group, and family instruction in the following areas: rhythm, movement, vocal and instrumental.
- Creative Arts (CA) offers the opportunity to join a rock band or to explore media in digital storytelling.
- CA staff will collaborate with other professionals who provide treatment related to your child's development.
- Parents have the opportunity to observe their child in a CA session.
- CA staff facilitate special events for children and families for supportive and educational purposes.

#### Creative Arts Pricing

Group Session (including Rock Band): \$25 prepaid, \$30

Individual 30 minute Session: \$37.50 prepaid, \$40

Individual 60 minute Session: \$75 prepaid, \$80

Dyad 30 minute Session: \$32.50 prepaid, \$35



### Benefits of Creative Arts:

- Socializing & building friendships with others
- Learning self-expression
- Providing positive outlets
- Enhancing creative play & imagination
- Providing opportunities for improving the process of cause-effect problem solving in the context of play
- Fostering self-control
- Improving emotional self-regulation
- Maintaining attention and concentration
- Flexibility and response to change
- Following multistep directions
- Promoting independence
- Improving self-efficacy
- Realizing personal space and other appropriate social boundaries

***Creative Arts welcomes siblings or the whole family to attend!***