



Quick Access to Behavioral Health Services

BRIEF TREATMENT

FCDC provides quicker access to behavioral health rehabilitation services by eliminating the need for a current best practice psychological evaluation. Families in Allegheny County have the opportunity to work with a behavior specialist or therapist for up to six hours per week.

Behavioral interventions and functional behavioral assessments can be implemented in the home, school, and community as we work collaboratively to strengthen your child's natural supports. Our goal is to provide transformational support while facilitating growth and building resilience within your family.

What do I need to get started?

- Medical Assistance
- Autism Spectrum Disorder (as diagnosed on a prior evaluation)
- Reside in Allegheny County



WESLEY SPECTRUM SERVICES MISSION:

Our mission is to provide transformational support for children and families as they strive to become more independent, responsible and caring members of the community.

To learn more about the many services we have to offer, please contact the FCDC Intake Line at 724.443.4888. One of our Intake Coordinators will be happy to speak with you and help guide you through the referral process.

Our Intake Coordinators can also help you to apply for Medical Assistance and obtain a best practice psychological evaluation.

Serving the following counties

- Allegheny • Armstrong
- Beaver • Butler • Fayette • Green
- Lawrence • Washington • Westmoreland



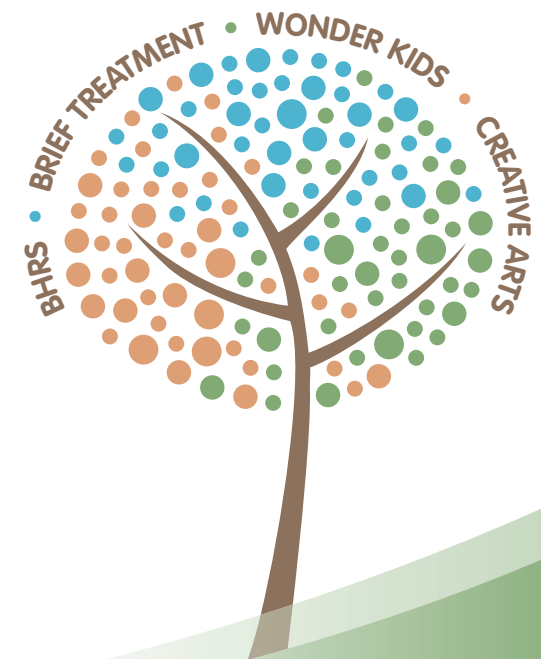
FAMILY & CHILD DEVELOPMENT CENTER

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FAMILY & CHILD DEVELOPMENT CENTER

*Providing high quality
autism services*



A Therapeutic Social Skills Group

WONDER KIDS

Behavioral Health Rehabilitation Services

BHRS

FCDC provides intensive, behavior focused therapy conducted by trained clinicians and therapists. These services can take place in the home, school, or community. A master's level clinician will work with the treatment team to create and monitor a treatment plan, inclusive of all goals specific to the child and family. She or he can work in conjunction with your child's school, outside therapists, and other community members to assure continuity of care. She or he will also supervise other BHRS treatment team members, including a bachelor's level therapist who would provide one-on-one support and behavioral interventions.

What do I need to get started?

- Medical Assistance
- Autism Spectrum Disorder
- Best practice psychological evaluation recommending BHRS services

FCDC offers children on the Autism Spectrum the chance to learn social skills. With small, therapeutic groups, children are able to learn how to interact with their peers in appropriate ways. Wonder Kids provides options for treatment that work towards effective communication skills, peer socialization, relationship skills, and transition to adulthood. Many of our kids would like to engage in play and conversation with their peers, but do not know how to successfully do so. WK works to help increase self-awareness as well as identify and decrease behaviors that may be inappropriate in social situations.

Wesley Spectrum Young Adults:

An affiliate of Wesley Spectrum Wonder Kids

A new opportunity for adults on the autism spectrum or with related diagnosis. Our social group focuses on teaching self advocacy skills in preparation for more independent living. Topics such as job skills, college and interpersonal relationships will be explored. The adult group meets on a weekly basis, and any adult between the ages of 18 and 25 are welcome to attend.

What does a group look like?

- On-site groups located in the North, South, and East areas of Pittsburgh
- Each site offers sensory rooms, art rooms, gross motor rooms, snack rooms, and teen lounges
- 3:1 staff ratio with up to 12 children
- WK has pre-school groups, elementary groups, pre-teen groups, teen groups, and adult groups

What do I need to get started?

- Medical Assistance
- Autism Spectrum Disorder
- Best practice psychological evaluation recommending a social skills group

Music and Other Creative Therapies

CREATIVE ARTS

FCDC's Creative Arts program offers an innovative approach to therapy. Our Creative Arts program has redefined the typical therapeutic group to include not only children, but their families as well. Children with or without a diagnosis are welcome, as our certified music therapists will work to assure that each child benefits individually. Creative therapies can help all children by using multiple modalities to help them learn self expression and positive outlets, as well as enhance their creative play and imagination. Our certified music therapists offer private, group, and family instruction in the following areas: rhythm, movement, vocal, and instrumental. The program even offers the opportunity to join a rock band.

If you are unsure that your child would be interested in, capable of, or benefit from participating in these groups or private instruction, our certified music therapists will schedule a one-on-one session for assessment purposes.

How do I sign my child (and family) up?

- Contact FCDC's Intake Line to complete the referral or find out when a free trial session is being offered.