



WESLEY SPECTRUM  
SERVICES

### *Our Core Beliefs*

- **Our Purpose is to Serve** – Wesley Spectrum Services intentionally balances serving and leading in ways that provide the greatest opportunity to advance the mission and impact the community.
- **Children, Families and Adults are at the Center of Decision Making** – At the foundation of every decision is the question: What is in the best interest of each child and family we serve?
- **Every Person is Valuable** – Every individual we serve and those who serve the organization are valuable and will be treated with dignity and respect in caring environment.
- **Every Person has Strengths** – Acquiring life-long skills, leading to real and sustainable change, begins with identifying and developing a person's strengths and talents.

[www.wesleyspectrum.org](http://www.wesleyspectrum.org)



WESLEY SPECTRUM  
SERVICES

## *What We Offer*



# About Us

## *Our Mission:*

Our mission is to provide transformational support for children and families as they strive to become more independent, responsible and caring members of the community.

## *Our Vision:*

We Will Be The Regional Provider Of Choice  
And A Global Resource For Human Services.



Wesley Spectrum provides a diverse range of education, mental health, and social services to individuals and families in Western Pennsylvania. We create life-changing support by integrating our services to best meet the needs of those we serve. Our passion is to foster recovery by helping children, adolescents, individuals, and families build resiliency skills to cope with life adversities and challenges.

We put the people we serve first, and acknowledge the value and strength of every person, creating individual plans to help each client reach his or her true potential. We are also proud to be advocates for those we serve, helping the community understand that the needs of people with developmental, educational, and behavioral health challenges affect us all.

# Dedication to Serve

and youth that necessitate out-of-home placement due to their mental health needs. The program offers an alternative to traditional restrictive out of home options. Children and youth entering this program are placed in an approved treatment foster home. A treatment team works with the child and child's family of origin to facilitate reunification.

**Referrals: Dorothenia Nicholson at 412-342-2300**

- *Resource Parent Recruitment and Certification*- Through our foster care program, ongoing recruitment and certification of resource homes occurs. Resource families are recruited and approved for traditional foster care, foster to adopt, adoption, and treatment foster care. Interested applicants should call:  
**Annette Gross at 412-342-2300**

**221 Penn Avenue, Wilkinsburg, PA 15221  
412-342-2300**

**Fax: 412-247-6398**

**Program Director: Annette Gross**

# What We Offer

## WESLEY SPECTRUM PLACEMENT SERVICES

- *Foster Care* offers out-of-home placement services in the least restrictive, family-like setting, to children between the ages of birth to eighteen years of age. The program has approximately 42 approved foster homes. The Wesley Spectrum advocate counselor can address behavioral concerns, communication issues, or counsel the parent, caretaker, or child on the issues that necessitated placement. The program also serves medically needy children.

**Referrals: Dorthenia Nicholson at 412-342-2300**

- *Adoption Services* provides an array of permanency services to children in out-of-home care. The permanency specialists work on identifying and approving adoptive families for children waiting for a forever family. We provide supportive services and supervision of the child's placement in a pre-adoptive home. We also can continue to provide supportive services to the child and family after the adoption is finalized through post-permanency services.

**Referrals: Merri Bindas at 412-342-2300**

- *Multi-Dimensional Treatment Foster Care* is a treatment foster care program that is an evidence-based model for providing foster care for children with serious behavior problems referred for out-of-home placement. This model of the foster care is designed to provide an alternative to more restrictive placement alternatives for adolescents with behavioral issues that warrant out of home placement. Youth entering this program are placed in an approved treatment foster home and is assigned a treatment team to facilitate reunification.

**Referrals: Dorothenia Nicholson at 412-342-2300**

- *Individual Treatment Foster Care* is a treatment foster care model that provides out-of-home care treatment for children

# Program Descriptions & Contact Information

## AUTISM SERVICES

Provides high quality behavioral health services tailored to meet the needs of children, adolescents and adults on the autism spectrum.

- *BHRS (Behavioral Health Rehabilitation Services)*: BHRS can provide one-to-one services within the home, school, or other community based setting for individuals, ages 2-21, that are affected by an autism spectrum disorder. It is the intent of BHRS to transfer the skills and expertise of our staff to the family or child's school professionals. Some children may require intensive one-to-one behavioral therapy provided by a therapeutic staff support (TSS). Individuals who do not require one-to-one services at a high frequency may benefit from behavioral consultation or weekly therapy sessions from a master's level behavior specialist consultant (BSC) or mobile therapist (MT). The BSC or MT will work with the treatment team to create, implement and monitor a treatment plan, inclusive of all goals specific to the child and family.
- *Wonder Kids (WK)*: WK is an on-site social skills group which provides therapeutic and social relationship interventions for clients who have an autism spectrum disorder. Groups run with a maximum of 12 clients and are overseen by a clinical supervisor, as well as a licensed Board Certified Behavior Analyst (BCBA). In this least restrictive setting, clients are given the opportunity to develop and practice social skills. WK is designed as a stand-alone or step-down program from traditional Behavioral Health Rehabilitation Services (BHRS) or other intense behavioral health services. Given that WK is a less restrictive service, it may be used as a stand alone service, in conjunction with a decreasing level of BHRS, or as an appropriate discharge recommendation from a higher level of care. WK provides therapeutic support to the group with a 3:1 child to staff ratio. The overall goal of WK is to increase independence and age appropriate social skills.

# What We Offer

- *The Creative Arts* program offers an innovative approach to therapy by using various multisensory approaches to address behavioral, social, psychological, communication, physical, sensory-motor and/or cognitive functioning issues in children and adolescents who may be affected by autism or other childhood disorders. The CA program has redefined the typical therapeutic group to include not only children, but invites families, as well. Through the combination of art, dance/movement, drama, music, and poetry, the expressive arts support the potential for positive developmental outcomes. Therapies use creative modalities during intentional interventions. CA serve as a valuable force in helping children and families in therapeutic, rehabilitative, community or educational settings to foster health, communication and expression.

**Serving the following counties: Allegheny, Armstrong, Beaver, Butler, Fayette, Greene, Lawrence, Washington, Westmoreland**

**Programs Director: Kristen Volosky**

**Referrals: Erin Benacquista or Ashley Bielewicz**

**5465 William Flynn Highway, Gibsonia, PA 15044**

**Phone: 724-443-4888 Fax: 412-347-3237**

**FCDC.Intake@wesleyspectrum.org**

## WESLEY SPECTRUM ACADEMY

A Private Academic School for students in need of academic, social and therapeutic support provided in a small, structured learning environment. The Academy accepts gifted to average ability learners with academic and personal challenges, which may include: poor study skills, non-traditional learning styles, ADHD, depression, school anxiety and phobia.

**243 Johnston Road, Pittsburgh, PA 15241 (Upper St. Clair)**

**Program Director: Melissa Garvin at 412-833-6444**

**Referrals: Melissa Garvin at 412-833-6444**

# Transformational Support

## WESLEY SPECTRUM WESTMORELAND COUNTY FAMILY & BEHAVIORAL HEALTH SERVICES

- *Family Focused Solution Based:* Intensive, family therapy and case management services provided to the families of children and youth with psychiatric diagnosis that place them at risk of removal from their homes.
- *Family Focused Solution Based for Adults:* Intensive in-home family therapy and case management services provided when the adult in the family has a mental health diagnosis, there is an identified need for enhanced Behavioral Health Services, and Youth are at risk of being placed outside of the home or is near reunification into the home.
- *In-Home Family Services:* Intensive family centered services utilizing structural strategic interventions designed to provide family preservation and reunification for families involved with Juvenile Court and the Westmoreland County Children's Bureau. Services include case management, parenting and parent education, community advocacy and crisis intervention.
- *Transportation/Visitation Program:* transportation services for families with children who are in out-of-home placements.  
**Referrals: Jim Henley at 724-832-3600**

**521 Plymouth Street, Greensburg, PA 15601**

**(also serves Somerset Co.)**

**724-832-3600**

**Program Director: John Frain**

**Referrals: Mary Beth Charlesworth at 724-832-3600**

# What We Offer

- *Family-Focused Solution-Based* services offer mental health and case management services to families with juvenile court or CYF involvement who are at risk of disruption because of the mental health needs of one or more of its members. (Allegheny & Westmoreland Counties)
- *Mental Health Outpatient Services include* intake and assessment, psychiatric evaluation, individual and group therapy and medication checks for children, adolescents, and adults. (Allegheny, Washington & Westmoreland Counties)
- *Drug and Alcohol Services* provide drug assessment, prevention, intervention education, psychiatric therapy and drug testing, for adolescents and adults with a chemical dependency concern. (Allegheny & Washintgon Counties)
- *Co-Occurring Disorders* outpatient, intensive outpatient and partial hospital services for adults who have drug and alcohol problems and mental health issues. Additional services are provided for adolescents. (Washington County)

221 Penn Avenue, Wilkinsburg, PA 15221  
412-342-2300

26 S. Main Street, Washington, PA 15301  
724-222-7500

521 Plymouth Street, Greensburg, PA 15601  
724-832-3600

**Program Director: Nicole Bishop**

**Assistant Director: Rachel Nash**

**Assistant Director: Lorraine Shipley**

**Referrals: Mary Beth Charlesworth (Westmoreland Co.)  
at 724-832-3600**

**Referrals: Melissa Rush (Washington Co.) at 724-222-7500**

**Referrals: Lorraine Shipley (Allegheny Co.) at 412-342-2300**

# Diverse Range of Services

## WESLEY SPECTRUM HIGHLAND SERVICES

An Approved Private School and a school-based partial hospital program that offers longer term programming for children and adolescents with serious emotional disturbance or autism. Students receive individualized, special education and mental health services that are integrated throughout the school day.

**5250 Caste Drive, Pittsburgh, PA 15236 (Whitehall)**

**Program Director: Nita Menendez**

**Referrals: Dave Grabowski or Shelia Pasquantonio at 412-885-7017**

## WESLEY SPECTRUM INTEGRATED SERVICES

An acute partial-hospital track and a private academic school/partial hospital track are integrated into one program to offer short term programming for students with serious emotional disturbance. The program offers a blend of mental health and education services based on the child's individual needs. Assessment, stabilization, and transition planning are the main areas of focus.

**555 Lewis Run Road, Jefferson Hills, PA 15025**

**Program Managers: Christy Hunsberger and Julie Provident**

**Referrals: Dave Grabowski at 412-885-7017  
or Shannon Mongalise at 412-469-9771**

## WESLEY SPECTRUM SCHOOL BASED BEHAVIORAL HEALTH SERVICES

partners with schools to create positive approaches to address barriers to learning. Each partnership is unique in design to match each school's needs. The services are flexible, fluid and integrated into the school climate and culture. Some of the services include:

- Functional behavioral assessments to identify student needs and strengths
- Individual, group and therapeutic services for students

# What We Offer

- Engagement of families through therapeutic services, parent support and education
- Facilitation of referral to community resources
- Consultation and training for all school staff

**Program Director: Barbara Saunders**

**Referrals: Dave Grabowski at 412-885-7017**

## BRIDGE SERVICES:

A unique community based transition program for young adults on the autistic spectrum. Bridge promotes employability, independence, post-secondary education, interest and talents, capability, meaningful leisure, access to resources and improved quality of life. The program includes individualized services, goals, supports, specialized training, employment support and supported practice of life skills.

**6027 Library Road, Bethel Park, PA 15102**

**412-854-5516**

**Program Directors: Nita Menendez & Barbara Saunders**

**Referrals: Dave Grabowski a 412-885-7017**

## WESLEY SPECTRUM IN-HOME CHILD AND FAMILY SERVICES (Allegheny County):

- *Family Services* are intensive, family-centered services for children and families referred by Allegheny County Juvenile Probation and Office of Children, Youth and Families. Utilizing structural and strategic interventions, the services occur primarily in the family home and are delivered in a respectful manner that is sensitive to cultural differences. Services are provided with the goal of solidifying families, enabling reunification when needed, or preventing out-of-home placement. Interventions are identified after a comprehensive assessment has been completed and may include: behavioral management, mental health

# Caring Professionals

and/or drug and alcohol assessment and referral, enhancement of the communication within the family, parent training, community advocacy, crisis intervention, case management, educational assistance, participation in group services, and networking to other systems for support and services.

- *Family Care* services are intensive, family-centered services for children and families referred by Allegheny County Office of Children, Youth and Families; or Washington County Children and Youth Services or Juvenile Probation. Each child is looked at individually within the context of his/her family's strengths, competencies, culture and community. Interventions are based on the needs of the child and his/her family and may include: communication and problem solving, crisis assistance, parenting and child development education, behavioral contracting, assessment of family functioning, substance abuse and mental health needs; and connection to services in the community such as mental health counseling, drug and alcohol services, special education services or basic needs including food and housing.

**221 Penn Avenue, Wilkinsburg, PA 15221**

**412-342-2300**

**Program Director: Kulsum Davidson**

**Referrals: Michele Baldwin at 412-342-2267**

## WESLEY SPECTRUM FAMILY & OUTPATIENT BEHAVIORAL HEALTH SERVICES

- *Family-Based Mental Health* provides in-home mental health services to families of children with serious emotional or behavioral difficulties who are at risk for psychiatric hospitalization or out-of-home placement. (Allegheny & Westmoreland Counties)

